

Avocado Chicken Salad



Ingredients:

- ½ medium avocado
- Juice of ½ lime
- 1-2 teaspoons mustard
- ½ teaspoon garlic powder
- Dash of salt & pepper to taste
- 1 cup chopped chicken breast chopped
- ½ cup chopped vegetables (your choice)

Instructions:

- Mash avocado with lime juice, mix in mustard, garlic powder, salt & pepper
- Mix chopped chicken with veggies
- Serve on salad or alone