

Simple Roasted Spiralized Beets with Honey & Thyme



Ingredients:

- 4 cups spiralized fresh beets
- 1 Tablespoon Honey
- 1 teaspoon chopped fresh Thyme

Directions:

1. In a bowl, mix beets, honey, and thyme. Coat beets evenly.
2. Place beets on sheet pan coated with a small amount of olive oil.
3. Bake at 400 degrees for 8-10 minutes.